



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

Martin, Detlef

Club: Turbo-Schnecken Lüdenscheid

Number: 777

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 2:00:25

Speed: 8.47 km/h

metres in height up: 187

Course score: 19.81

performance score: 168 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|-----------|----------|----------|-------------|------------|------------|
| Start | 0 | 0 | 09:30 | 00:00 | 00:00 |
| Kontrolle | 5.3 | 5.3 | 10:11 | 00:40 | 00:40 |
| Kontrolle | 12.3 | 7.0 | 10:56 | 01:25 | 00:44 |
| Finish | 17.0 | 4.7 | 11:30 | 02:00 | 00:34 |