



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

Mendyka, Peter

Club: Distel-Walker

Number: 840

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 2:03:05

Speed: 8.29 km/h

metres in height up: 187

Course score: 19.81

performance score: 164 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|-----------|----------|----------|-------------|------------|------------|
| Start | 0 | 0 | 09:30 | 00:00 | 00:00 |
| Kontrolle | 5.3 | 5.3 | 10:11 | 00:41 | 00:41 |
| Kontrolle | 12.3 | 7.0 | 10:57 | 01:26 | 00:45 |
| Finish | 17.0 | 4.7 | 11:33 | 02:03 | 00:36 |