



## 6. Unnaer Walking-Day

Unna / 15.06.2008

### Detailed evaluation

**Beisch, Birgit**

Club: FC Nordkirchen/Distel-Walker

Number: 748

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 2:03:16

Speed: 8.27 km/h

metres in height up: 187

Course score: 19.81

performance score: 164 Points

### Intermediate times

| Control   | km Total | km Split | Time of day | Total Time | Split Time |
|-----------|----------|----------|-------------|------------|------------|
| Start     | 0        | 0        | 09:30       | 00:00      | 00:00      |
| Kontrolle | 5.3      | 5.3      | 10:11       | 00:41      | 00:41      |
| Kontrolle | 12.3     | 7.0      | 10:57       | 01:27      | 00:45      |
| Finish    | 17.0     | 4.7      | 11:33       | 02:03      | 00:36      |