



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

stratmann, marita

Club: WT-Soest

Number: 825

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 2:03:16

Speed: 8.27 km/h

metres in height up: 187

Course score: 19.81

performance score: 164 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:11	00:40	00:40
Kontrolle	12.3	7.0	10:57	01:26	00:46
Finish	17.0	4.7	11:33	02:03	00:36