



## 6. Unnaer Walking-Day

Unna / 15.06.2008

### Detailed evaluation

Heitmann, Ernst

Club: TuS Hilstrup

Number: 765

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 2:05:45

Speed: 8.11 km/h

metres in height up: 187

Course score: 19.81

performance score: 161 Points

### Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:11	00:41	00:41
Kontrolle	12.3	7.0	10:58	01:28	00:46
Finish	17.0	4.7	11:36	02:05	00:37