



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

Harder, Elena

Club: Tus Eintracht OberlÜbbe, 1. Wieh
Number: 1120

Course: 10.00 km
10 km-Strecke Nordic Walking

Total time: 1:33:49

Speed: 6.40 km/h

metres in height up: 112

Course score: 11.68

performance score: 75 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:03	00:00	00:00
Kontrolle	5.3	5.3	10:53	00:50	00:50
Finish	10.0	4.7	11:37	01:33	00:43