



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

Czwikla, Karin

Club: TBS-Herne

Number: 756

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 2:09:38

Speed: 7.87 km/h

metres in height up: 187

Course score: 19.81

performance score: 156 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:12	00:42	00:42
Kontrolle	12.3	7.0	11:01	01:30	00:48
Finish	17.0	4.7	11:40	02:09	00:38