



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

menzel, achim

Club: WT-Soest

Number: 746

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 2:12:36

Speed: 7.69 km/h

metres in height up: 187

Course score: 19.81

performance score: 152 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:15	00:45	00:45
Kontrolle	12.3	7.0	11:05	01:35	00:49
Finish	17.0	4.7	11:43	02:12	00:37