



## 6. Unnaer Walking-Day

Unna / 15.06.2008

### Detailed evaluation

**Ruppelt, Annegret**

Club: TV Unna 1861 e.V.

Number: 1087

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:40:09

Speed: 5.99 km/h

metres in height up: 112

Course score: 11.68

performance score: 70 Points

### Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:03	00:00	00:00
Kontrolle	5.3	5.3	10:56	00:52	00:52
Finish	10.0	4.7	11:43	01:40	00:47