



## 6. Unnaer Walking-Day

Unna / 15.06.2008

### Detailed evaluation

Dreßen, Joachim

Club: EscarGOts Bochum

Number: 836

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 2:13:46

Speed: 7.63 km/h

metres in height up: 187

Course score: 19.81

performance score: 151 Points

### Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:15	00:45	00:45
Kontrolle	12.3	7.0	11:05	01:35	00:50
Finish	17.0	4.7	11:44	02:13	00:38