



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

Goncin, Mara

Club: LG Halver-Schalksmühle

Number: 823

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 2:15:16

Speed: 7.54 km/h

metres in height up: 187

Course score: 19.81

performance score: 149 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:15	00:45	00:45
Kontrolle	12.3	7.0	11:06	01:35	00:50
Finish	17.0	4.7	11:45	02:15	00:39