



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

v.d.bemden, ulrike

Club: WT-Soest

Number: 832

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 2:20:14

Speed: 7.27 km/h

metres in height up: 187

Course score: 19.81

performance score: 144 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:17	00:47	00:47
Kontrolle	12.3	7.0	11:09	01:39	00:52
Finish	17.0	4.7	11:50	02:20	00:40