



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

schweng, gisela

Club: WT-Soest

Number: 818

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 2:20:36

Speed: 7.25 km/h

metres in height up: 187

Course score: 19.81

performance score: 144 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:18	00:47	00:47
Kontrolle	12.3	7.0	11:11	01:41	00:53
Finish	17.0	4.7	11:51	02:20	00:39