



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

Lenschow, Sylvia

Club: TV Friesen Telgte

Number: 1023

Course: 10.00 km

10 km-Strecke Walking

Total time: 1:16:18

Speed: 7.86 km/h

metres in height up: 112

Course score: 11.68

performance score: 92 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:59	00:00	00:00
Kontrolle	5.3	5.3	10:40	00:40	00:40
Finish	10.0	4.7	11:15	01:16	00:35