



## 6. Unnaer Walking-Day

Unna / 15.06.2008

### Detailed evaluation

Umland, Jürgen

Number: 1108

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:13:10

Speed: 8.20 km/h

metres in height up: 112

Course score: 11.68

performance score: 96 Points

### Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:03	00:00	00:00
Kontrolle	5.3	5.3	10:42	00:39	00:39
Finish	10.0	4.7	11:16	01:13	00:33