



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

groll, frank

Club: WT-Soest

Number: 816

Course: 17.00 km

17 km-Strecke Nordic Walking

Total time: 1:46:13

Speed: 9.60 km/h

metres in height up: 187

Course score: 19.81

performance score: 190 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:30	00:00	00:00
Kontrolle	5.3	5.3	10:06	00:36	00:36
Kontrolle	12.3	7.0	10:45	01:15	00:39
Finish	17.0	4.7	11:16	01:46	00:30