



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

Werner, Joachim

Club: Stadt Bochum NW

Number: 1106

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:14:04

Speed: 8.10 km/h

metres in height up: 112

Course score: 11.68

performance score: 95 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:03	00:00	00:00
Kontrolle	5.3	5.3	10:43	00:39	00:39
Finish	10.0	4.7	11:17	01:14	00:34