



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

Ponto, Helmut

Club: TV Unna 1861 e.V.

Number: 1034

Course: 10.00 km

10 km-Strecke Walking

Total time: 1:18:00

Speed: 7.69 km/h

metres in height up: 112

Course score: 11.68

performance score: 90 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:59	00:00	00:00
Kontrolle	5.3	5.3	10:41	00:41	00:41
Finish	10.0	4.7	11:17	01:18	00:36