



6. Unnaer Walking-Day

Unna / 15.06.2008

Detailed evaluation

Gerlach, Udo

Club: TLV-RÜNTHE

Number: 1056

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:15:59

Speed: 7.90 km/h

metres in height up: 112

Course score: 11.68

performance score: 92 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:03	00:00	00:00
Kontrolle	5.3	5.3	10:43	00:39	00:39
Finish	10.0	4.7	11:19	01:15	00:36