



8. Kirschlauf  
Kleinfahner / 15.06.2008

## Detailed evaluation

**Adamek, Laura**

Club: RS Tonna  
Number: 522

Course: 4.00 km  
4 km-Lauf

Category:  
weibliche Schüler B

Total time: 26:04

Speed: 9.21 km/h  
Running performance: 6:31 min/km

Rank in course/Total: 36 (of 53)  
Rank in course/Women: 7 (of 19)  
Best time in course: 23:13

Rank in category: 5(of 9)  
Best time in the category: 23:13