



8. Kirschlauf  
Kleinfahner / 15.06.2008

## Detailed evaluation

**Spruth, Sylvio**

Club: Döllstädt  
Number: 45

Course: 14.00 km  
Hauptlauf

Category:  
Männer M40

Total time: 1:07:12

Speed: 12.50 km/h  
Running performance: 4:48 min/km

Rank in course/Total: 43 (of 230)

Rank in course/Men: 41 (of 181)

Best time in course: 53:12

Rank in category: 8(of 29)

Best time in the category: 59:25