



8. Kirschlauf  
Kleinfahner / 15.06.2008

## Detailed evaluation

**Rödiger, Frank**

Club: Erfurt  
Number: 89

Course: 14.00 km  
Hauptlauf

Category:  
Männer M20

Total time: 1:17:04

Speed: 10.90 km/h  
Running performance: 5:30 min/km

Rank in course/Total: 113 (of 230)

Rank in course/Men: 106 (of 181)

Best time in course: 53:12

Rank in category: 15(of 22)

Best time in the category: 53:12