



8. Kirschlauf  
Kleinfahner / 15.06.2008

## Detailed evaluation

Herrling, Kai

Number: 208

Course: 14.00 km  
Hauptlauf

Category:  
Männer M30

Total time: 1:21:22

Speed: 10.32 km/h

Running performance: 5:49 min/km

Rank in course/Total: 149 (of 230)

Rank in course/Men: 132 (of 181)

Best time in course: 53:12

Rank in category: 11(of 16)

Best time in the category: 56:24