



8. Kirschlauf
Kleinfahner / 15.06.2008

Detailed evaluation

Schröder, Frank

Number: 232

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:26:19

Speed: 9.73 km/h

Running performance: 6:10 min/km

Rank in course/Total: 184 (of 230)

Rank in course/Men: 156 (of 181)

Best time in course: 53:12

Rank in category: 44(of 47)

Best time in the category: 59:27