



8. Kirschlauf  
Kleinfahner / 15.06.2008

## Detailed evaluation

**Heisecke, Ralf**

Club: Leinatal  
Number: 139

Course: 14.00 km  
Hauptlauf

Category:  
Männer M35

Total time: 1:32:11

Speed: 9.11 km/h  
Running performance: 6:35 min/km

Rank in course/Total: 207 (of 230)

Rank in course/Men: 168 (of 181)

Best time in course: 53:12

Rank in category: 21(of 23)

Best time in the category: 53:54