



6. Kanonenbahnlauf  
Lengsfeld unterm Stein / 28.06.2008

Detailed evaluation

Hildebrand, Achim

Club: Traditionsmannschaft Lengsfeld/  
Number: 154

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Männer M45

Total time: 1:10:53

Speed: 13.54 km/h  
Running performance: 4:26 min/km

Rank in course/Total: 17 (of 104)

Rank in course/Men: 17 (of 85)

Best time in course: 1:02:11

Rank in category: 2(of 10)

Best time in the category: 1:08:50