



6. Kanonenbahnlauf
Lengenfeld unterm Stein / 28.06.2008

Detailed evaluation

Zieger, Jan

Club: Lauflin Team Göttingen
Number: 184

Course: 16.00 km
Kanonenbahnlauf

Category:
Männer M30

Total time: 1:18:52

Speed: 12.17 km/h
Running performance: 4:56 min/km

Rank in course/Total: 38 (of 104)

Rank in course/Men: 35 (of 85)

Best time in course: 1:02:11

Rank in category: 5(of 10)

Best time in the category: 1:02:11