



6. Kanonenbahnlauf  
Lengenfeld unterm Stein / 28.06.2008

Detailed evaluation

Gerlach, Frederik

Club: Hubert & co  
Number: 150

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Männer M20

Total time: 1:33:46

Speed: 10.24 km/h  
Running performance: 5:52 min/km

Rank in course/Total: 82 (of 104)

Rank in course/Men: 69 (of 85)

Best time in course: 1:02:11

Rank in category: 7(of 7)

Best time in the category: 1:10:24