



6. Kanonenbahnlauf  
Lengenfeld unterm Stein / 28.06.2008

Detailed evaluation

Hackerthal, Jörg

Club: TSV Reinholterode  
Number: 379

Course: 7.00 km  
Kleiner Kanonenbahnlauf

Category:  
Männer M40

Total time: 30:31

Speed: 13.76 km/h  
Running performance: 4:22 min/km

Rank in course/Total: 17 (of 47)

Rank in course/Men: 16 (of 39)

Best time in course: 22:11

Rank in category: 4(of 7)

Best time in the category: 23:58