



6. Kanonenbahnlauf
Lengenfeld unterm Stein / 28.06.2008

Detailed evaluation

Rudolph, Astrid

Club: SV 1899 Mühlhausen
Number: 297

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Frauen W45

Total time: 34:45

Speed: 12.09 km/h
Running performance: 4:58 min/km

Rank in course/Total: 31 (of 47)

Rank in course/Women: 5 (of 8)

Best time in course: 29:58

Rank in category: 1(of 2)

Best time in the category: 34:45