



6. Kanonenbahnlauf
Lengenfeld unterm Stein / 28.06.2008

Detailed evaluation

Hemmerden, Manfred

Club: Heilbad Heiligenstadt
Number: 367

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Männer M55

Total time: 35:40

Speed: 11.78 km/h
Running performance: 5:06 min/km

Rank in course/Total: 34 (of 47)

Rank in course/Men: 29 (of 39)

Best time in course: 22:11

Rank in category: 2(of 2)

Best time in the category: 33:39