



6. Kanonenbahnlauf  
Lengenfeld unterm Stein / 28.06.2008

Detailed evaluation

Montag, Holger

Club: SV Normania Treffurt  
Number: 314

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Männer M35

Total time: 1:09:34

Speed: 13.80 km/h  
Running performance: 4:21 min/km

Rank in course/Total: 14 (of 104)

Rank in course/Men: 14 (of 85)

Best time in course: 1:02:11

Rank in category: 4(of 12)

Best time in the category: 1:07:20