



2. ThüringenULTRA  
Fröttstädt / 05.07.2008

Detailed evaluation

Gintner, Michael

Club: Laufftreff TG Höchbers  
Number: 154

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M40

Total time: 12:11:38

Speed: 8.20 km/h  
Running performance: 7:19 min/km

Rank in course/Total: 60 (of 141)

Rank in course/Men: 51 (of 121)

Best time in course: 8:44:09

Rank in category: 15(of 26)

Best time in the category: 9:09:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	24.00	2:54:32	7:16	21	50:53	88	54:58	24.00	2:54:32	7:16	13	1:55	50	54:58
Floh-Seligenthal	26.40	3:06:51	7:04	14	52:02	61	55:19	50.40	6:01:23	7:10	13	0:14	50	1:50:17
Finsterbergen	24.00	3:01:28	7:33	13	40:26	44	46:42	74.40	9:02:51	7:17	13		49	2:36:59
Fröttstädt	25.60	3:08:47	7:22	12	48:12	41	50:30	100.00	12:11:38	7:18	15	3:01:40	52	3:27:29