



2. ThüringenULTRA
Fröttstädt / 05.07.2008

Detailed evaluation

Pawlow, Kamen

Club: FSV 1950 Gotha
Number: 48

Course: 100.00 km
Thüringen Ultra

Category:
Männer M45

Total time: 12:28:36

Speed: 8.01 km/h
Running performance: 7:29 min/km

Rank in course/Total: 68 (of 141)

Rank in course/Men: 59 (of 121)

Best time in course: 8:44:09

Rank in category: 12(of 24)

Best time in the category: 9:26:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	24.00	2:24:23	6:00	5	16:04	23	24:49	24.00	2:24:23	6:00	1	-	58	24:49
Floh-Seligenthal	26.40	2:57:53	6:44	12	37:43	47	46:21	50.40	5:22:16	6:23	1	-	58	1:11:10
Finsterbergen	24.00	3:24:32	8:31	15	59:18	89	1:09:46	74.40	8:46:48	7:04	1	-	57	2:20:56
Fröttstädt	25.60	3:41:48	8:39	12	1:10:06	77	1:23:31	100.00	12:28:36	7:29	13	3:02:05	60	3:44:27