



2. ThüringenULTRA
Fröttstädt / 05.07.2008

Detailed evaluation

Zietlow, Hans-Uwe

Club: DUV Dietzenbach
Number: 129

Course: 100.00 km
Thüringen Ultra

Category:
Männer M60

Total time: 12:29:21

Speed: 8.01 km/h
Running performance: 7:29 min/km

Rank in course/Total: 69 (of 141)

Rank in course/Men: 60 (of 121)

Best time in course: 8:44:09

Rank in category: 4(of 5)

Best time in the category: 11:30:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	24.00	2:52:34	7:11	4	15:49	79	53:00	24.00	2:52:34	7:11	3	15:18	59	53:00
Floh-Seligenthal	26.40	3:08:56	7:09	3	21:52	70	57:24	50.40	6:01:30	7:10	3	37:10	59	1:50:24
Finsterbergen	24.00	3:14:19	8:05	4	13:08	69	59:33	74.40	9:15:49	7:28	3	50:18	58	2:49:57
Fröttstädt	25.60	3:13:32	7:33	3	30:05	45	55:15	100.00	12:29:21	7:29	4	59:10	61	3:45:12