



2. ThüringenULTRA
Fröttstädt / 05.07.2008

Detailed evaluation

Näke, Kai

Club: Dresden
Number: 4

Course: 100.00 km
Thüringen Ultra

Category:
Männer M30

Total time: 12:29:44

Speed: 8.00 km/h
Running performance: 7:30 min/km

Rank in course/Total: 70 (of 141)

Rank in course/Men: 61 (of 121)

Best time in course: 8:44:09

Rank in category: 4(of 7)

Best time in the category: 8:44:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	24.00	2:42:49	6:47	4	43:15	53	43:15	24.00	2:42:49	6:47	4	43:15	60	43:15
Floh-Seligenthal	26.40	3:09:02	7:09	4	57:30	71	57:30	50.40	5:51:51	6:58	4	1:40:45	60	1:40:45
Finsterbergen	24.00	3:16:54	8:12	4	1:02:08	74	1:02:08	74.40	9:08:45	7:22	4	2:42:53	59	2:42:53
Fröttstädt	25.60	3:20:59	7:51	4	1:02:42	58	1:02:42	100.00	12:29:44	7:29	4	3:45:35	62	3:45:35