



2. ThüringenULTRA
Fröttstädt / 05.07.2008

Detailed evaluation

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Club: www.Marathon4you.de
Number: 55

Course: 100.00 km
Thüringen Ultra

Category:
Männer M40

Total time: 13:00:19

Speed: 7.69 km/h
Running performance: 7:48 min/km

Rank in course/Total: 91 (of 141)

Rank in course/Men: 80 (of 121)

Best time in course: 8:44:09

Rank in category: 18(of 26)

Best time in the category: 9:09:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	24.00	2:55:23	7:18	23	51:44	92	55:49	24.00	2:55:23	7:18	10	2:46	79	55:49
Floh-Seligenthal	26.40	3:08:16	7:07	16	53:27	65	56:44	50.40	6:03:39	7:12	10	2:30	79	1:52:33
Finsterbergen	24.00	3:11:04	7:57	17	50:02	62	56:18	74.40	9:14:43	7:27	10	8:42	78	2:48:51
Fröttstädt	25.60	3:45:36	8:48	19	1:25:01	83	1:27:19	100.00	13:00:19	7:48	18	3:50:21	81	4:16:10