



2. ThüringenULTRA  
Fröttstädt / 05.07.2008

Detailed evaluation

Pohl, Günther

Club: LTV Erfurt  
Number: 155

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M65

Total time: 13:22:38

Speed: 7.48 km/h  
Running performance: 8:02 min/km

Rank in course/Total: 102 (of 141)

Rank in course/Men: 91 (of 121)

Best time in course: 8:44:09

Rank in category: 2(of 3)

Best time in the category: 12:37:49

Intermediate times

Stage score

Total ranking

| Control          | Split |         | Pos  | Behind | Pos    |      | Behind  | Total  |          | Pos  | Behind | Pos   |      | Behind  |
|------------------|-------|---------|------|--------|--------|------|---------|--------|----------|------|--------|-------|------|---------|
|                  | km    | Time    |      |        | min/km | Cat. |         | Men    | Men      |      |        | km    | Time |         |
| Ruhlaer Skihütte | 24.00 | 3:02:32 | 7:36 | 1      | -      | 102  | 1:02:58 | 24.00  | 3:02:32  | 7:36 | 2      |       | 90   | 1:02:58 |
| Floh-Seligenthal | 26.40 | 3:08:52 | 7:09 | 1      | -      | 69   | 57:20   | 50.40  | 6:11:24  | 7:22 | 2      |       | 90   | 2:00:18 |
| Finsterbergen    | 24.00 | 3:26:40 | 8:36 | 2      | 18:13  | 93   | 1:11:54 | 74.40  | 9:38:04  | 7:46 | 2      |       | 89   | 3:12:12 |
| Fröttstädt       | 25.60 | 3:44:34 | 8:46 | 2      | 45:26  | 81   | 1:26:17 | 100.00 | 13:22:38 | 8:01 | 2      | 44:49 | 92   | 4:38:29 |