



2. ThüringenULTRA  
Fröttstädt / 05.07.2008

Detailed evaluation

Spies, Klaus-Dieter

Club: ASC Weißbachtal  
Number: 135

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M50

Total time: 14:35:13

Speed: 6.86 km/h  
Running performance: 8:45 min/km

Rank in course/Total: 121 (of 141)

Rank in course/Men: 105 (of 121)

Best time in course: 8:44:09

Rank in category: 22(of 25)

Best time in the category: 10:19:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Ruhlaer Skihütte	24.00	3:06:35	7:46	25	54:00	113	1:07:01	24.00	3:06:35	7:46	5	19:39	105	1:07:01				
Floh-Seligenthal	26.40	3:20:11	7:34	20	41:52	94	1:08:39	50.40	6:26:46	7:40	5	30:35	105	2:15:40				
Finsterbergen	24.00	4:11:02	10:27	24	1:37:41	113	1:56:16	74.40	10:37:48	8:34	5	1:18:02	104	4:11:56				
Fröttstädt	25.60	3:57:25	9:16	19	1:20:50	97	1:39:08	100.00	14:35:13	8:45	22	4:15:52	106	5:51:04				