



2. ThüringenULTRA
Fröttstädt / 05.07.2008

Detailed evaluation

Fritzlow, Thomas

Club: Injoy Hohenwarsleben
Number: 138

Course: 100.00 km
Thüringen Ultra

Category:
Männer M40

Total time: 14:40:38

Speed: 6.81 km/h
Running performance: 8:49 min/km

Rank in course/Total: 123 (of 141)

Rank in course/Men: 107 (of 121)

Best time in course: 8:44:09

Rank in category: 22(of 26)

Best time in the category: 9:09:58

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Ruhlaer Skihütte	24.00	3:13:53	8:04	26	1:10:14	116	1:14:19	24.00	3:13:53	8:04	6	21:16	107	1:14:19
Floh-Seligenthal	26.40	3:30:37	7:58	22	1:15:48	106	1:19:05	50.40	6:44:30	8:01	6	43:21	107	2:33:24
Finsterbergen	24.00	3:48:46	9:31	22	1:27:44	106	1:34:00	74.40	10:33:16	8:30	6	1:27:15	106	4:07:24
Fröttstädt	25.60	4:07:22	9:39	21	1:46:47	103	1:49:05	100.00	14:40:38	8:48	22	5:30:40	108	5:56:29