



2. ThüringenULTRA  
Fröttstädt / 05.07.2008

Detailed evaluation

Kilian, Alexandra

Club: GuthsMuths-Rennsteiglaufverein e  
Number: 5

Course: 100.00 km  
Thüringen Ultra

Category:  
Frauen W45

Total time: 15:09:45

Speed: 6.60 km/h  
Running performance: 9:06 min/km

Rank in course/Total: 126 (of 141)

Rank in course/Women: 17 (of 20)

Best time in course: 10:12:12

Rank in category: 5(of 6)

Best time in the category: 10:40:21

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	24.00	3:14:59	8:07	5	37:40	17	52:23	24.00	3:14:59	8:07	5	32:54	5	12:30
Floh-Seligenthal	26.40	3:28:24	7:53	4	47:42	14	47:42	50.40	6:43:23	8:00	5	1:20:36	5	26:40
Finsterbergen	24.00	4:05:39	10:14	5	1:28:27	17	1:35:41	74.40	10:49:02	8:43	5	2:49:03	5	1:11:30
Fröttstädt	25.60	4:20:43	10:11	5	1:40:21	18	1:49:36	100.00	15:09:45	9:05	5	4:29:24	17	4:57:33