



2. ThüringenULTRA  
Fröttstädt / 05.07.2008

Detailed evaluation

Seitz, Bernd

Club: 100 Marathon Club  
Number: 143

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M65

Total time: 16:28:19

Speed: 6.07 km/h  
Running performance: 9:53 min/km

Rank in course/Total: 136 (of 141)

Rank in course/Men: 117 (of 121)

Best time in course: 8:44:09

Rank in category: 3(of 3)

Best time in the category: 12:37:49

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	24.00	3:19:55	8:19	3	17:23	117	1:20:21	24.00	3:19:55	8:19	3	13:15	115	1:20:21
Floh-Seligenthal	26.40	4:12:03	9:32	3	1:03:11	120	2:00:31	50.40	7:31:58	8:58	3	1:01:44	115	3:20:52
Finsterbergen	24.00	4:20:03	10:50	3	1:11:36	117	2:05:17	74.40	11:52:01	9:34	3	2:13:20	114	5:26:09
Fröttstädt	25.60	4:36:18	10:47	3	1:37:10	115	2:18:01	100.00	16:28:19	9:52	3	3:50:30	118	7:44:10