



2. ThüringenULTRA
Fröttstädt / 05.07.2008

Detailed evaluation

Damm, Hans

Club: LG Offenbach
Number: 110

Course: 100.00 km
Thüringen Ultra

Category:
Männer M55

Total time: 12:05:27

Speed: 8.27 km/h
Running performance: 7:15 min/km

Rank in course/Total: 55 (of 141)

Rank in course/Men: 46 (of 121)

Best time in course: 8:44:09

Rank in category: 5(of 15)

Best time in the category: 11:01:51

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	24.00	2:35:15	6:28	5	5:22	41	35:41	24.00	2:35:15	6:28	15	4:04	120	35:41
Floh-Seligenthal	26.40	2:52:53	6:32	3	24:37	37	41:21	50.40	5:28:08	6:30	15	28:41	120	1:17:02
Finsterbergen	24.00	3:16:32	8:11	12	20:31	72	1:01:46	74.40	8:44:40	7:03	15	44:08	119	2:18:48
Fröttstädt	25.60	3:20:47	7:50	8	19:28	57	1:02:30	100.00	12:05:27	7:15	5	1:03:36	47	3:21:18