



2. ThüringenULTRA  
Fröttstädt / 05.07.2008

Detailed evaluation

Förkel, Detlev

Club: Weimar  
Number: 85

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M40

Total time: 9:56:27

Speed: 10.06 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 9 (of 141)

Rank in course/Men: 9 (of 121)

Best time in course: 8:44:09

Rank in category: 5(of 26)

Best time in the category: 9:09:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	24.00	2:08:01	5:20	3	4:22	4	8:27	24.00	2:08:01	5:20	23		9	8:27
Floh-Seligenthal	26.40	2:28:05	5:36	5	13:16	8	16:33	50.40	4:36:06	5:28	23		9	25:00
Finsterbergen	24.00	2:46:14	6:55	7	25:12	19	31:28	74.40	7:22:20	5:56	23		9	56:28
Fröttstädt	25.60	2:34:07	6:01	7	13:32	11	15:50	100.00	9:56:27	5:57	5	46:29	9	1:12:18