



2. ThüringenULTRA  
Fröttstädt / 05.07.2008

Detailed evaluation

Kuhnke, Ingo

Club: WSV Oberhof  
Number: 108

Course: 100.00 km  
Thüringen Ultra

Category:  
Männer M40

Total time: 9:58:33

Speed: 10.02 km/h  
Running performance: 5:59 min/km

Rank in course/Total: 10 (of 141)

Rank in course/Men: 10 (of 121)

Best time in course: 8:44:09

Rank in category: 6(of 26)

Best time in the category: 9:09:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	24.00	2:15:26	5:38	6	11:47	12	15:52	24.00	2:15:26	5:38	22		10	15:52
Floh-Seligenthal	26.40	2:37:06	5:57	7	22:17	15	25:34	50.40	4:52:32	5:48	22		10	41:26
Finsterbergen	24.00	2:35:32	6:28	4	14:30	13	20:46	74.40	7:28:04	6:01	22		10	1:02:12
Fröttstädt	25.60	2:30:29	5:52	3	9:54	4	12:12	100.00	9:58:33	5:59	6	48:35	10	1:14:24