



2. ThüringenULTRA
Fröttstädt / 05.07.2008

Detailed evaluation

Heilbock, Jürgen

Club: Eintracht Frankfurt
Number: 97

Course: 100.00 km
Thüringen Ultra

Category:
Männer M40

Total time: 9:58:42

Speed: 10.02 km/h
Running performance: 5:59 min/km

Rank in course/Total: 11 (of 141)

Rank in course/Men: 11 (of 121)

Best time in course: 8:44:09

Rank in category: 7(of 26)

Best time in the category: 9:09:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ruhlaer Skihütte	24.00	2:21:23	5:53	8	17:44	20	21:49	24.00	2:21:23	5:53	21		11	21:49
Floh-Seligenthal	26.40	2:36:15	5:55	6	21:26	14	24:43	50.40	4:57:38	5:54	21		11	46:32
Finsterbergen	24.00	2:28:44	6:11	3	7:42	8	13:58	74.40	7:26:22	5:59	21		11	1:00:30
Fröttstädt	25.60	2:32:20	5:57	5	11:45	7	14:03	100.00	9:58:42	5:59	7	48:44	11	1:14:33