



2. ThüringenULTRA
Fröttstädt / 05.07.2008

Detailed evaluation

Steinhorst, Rainer

Club: ASC Weißbachtal
Number: 99

Course: 100.00 km
Thüringen Ultra

Category:
Männer M50

Total time: 10:19:21

Speed: 9.69 km/h
Running performance: 6:11 min/km

Rank in course/Total: 14 (of 141)

Rank in course/Men: 13 (of 121)

Best time in course: 8:44:09

Rank in category: 1(of 25)

Best time in the category: 10:19:21

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Ruhlaer Skihütte	24.00	2:31:06	6:17	5	18:31	31	31:32	24.00	2:31:06	6:17	14	-	13	31:32
Floh-Seligenthal	26.40	2:38:19	5:59	1	-	16	26:47	50.40	5:09:25	6:08	14	-	13	58:19
Finsterbergen	24.00	2:33:21	6:23	1	-	9	18:35	74.40	7:42:46	6:13	14	-	13	1:16:54
Fröttstädt	25.60	2:36:35	6:06	1	-	13	18:18	100.00	10:19:21	6:11	1	-	13	1:35:12