



2. ThüringenULTRA
Fröttstädt / 05.07.2008

Detailed evaluation

Bruder, Birgit

Club: LLV Marpingen
Number: 122

Course: 100.00 km
Thüringen Ultra

Category:
Frauen W40

Total time: 10:28:54

Speed: 9.54 km/h
Running performance: 6:17 min/km

Rank in course/Total: 16 (of 141)

Rank in course/Women: 2 (of 20)

Best time in course: 10:12:12

Rank in category: 1(of 5)

Best time in the category: 10:28:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ruhlaer Skihütte	24.00	2:31:43	6:19	1	-	3	9:07	24.00	2:31:43	6:19	1	-	20	
Floh-Seligenthal	26.40	2:43:47	6:12	1	-	4	3:05	50.40	5:15:30	6:15	1	-	20	
Finsterbergen	24.00	2:33:06	6:22	1	-	2	3:08	74.40	7:48:36	6:17	1	-	20	
Fröttstädt	25.60	2:40:18	6:15	1	-	2	9:11	100.00	10:28:54	6:17	1	-	2	16:42