



2. ThüringenULTRA  
Fröttstädt / 05.07.2008

Detailed evaluation

Schürbusch, Heike

Club: AnLauf Siegen  
Number: 134

Course: 100.00 km  
Thüringen Ultra

Category:  
Frauen W45

Total time: 10:40:21

Speed: 9.37 km/h  
Running performance: 6:24 min/km

Rank in course/Total: 21 (of 141)

Rank in course/Women: 3 (of 20)

Best time in course: 10:12:12

Rank in category: 1(of 6)

Best time in the category: 10:40:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ruhlaer Skihütte	24.00	2:42:05	6:45	2	4:46	7	19:29	24.00	2:42:05	6:45	1	-	19
Floh-Seligenthal	26.40	2:40:42	6:05	1	-	1	-	50.40	5:22:47	6:24	1	-	19
Finsterbergen	24.00	2:37:12	6:32	1	-	3	7:14	74.40	7:59:59	6:27	1	-	19
Fröttstädt	25.60	2:40:22	6:15	1	-	3	9:15	100.00	10:40:21	6:24	1	-	3 28:09