



2. ThüringenULTRA  
Fröttstädt / 05.07.2008

Detailed evaluation

Frenz, Michael

Club: ---

Number: 19

Course: 100.00 km

Thüringen Ultra

Category:

Männer M35

Total time: 11:19:05

Speed: 8.84 km/h

Running performance: 6:47 min/km

Rank in course/Total: 34 (of 141)

Rank in course/Men: 30 (of 121)

Best time in course: 8:44:09

Rank in category: 7(of 12)

Best time in the category: 9:33:05

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Ruhlaer Skihütte	24.00	2:19:20	5:48	4	6:09	17	19:46	24.00	2:19:20	5:48	7	3:56	32	19:46
Floh-Seligenthal	26.40	2:52:26	6:31	7	31:37	36	40:54	50.40	5:11:46	6:11	7	35:33	32	1:00:40
Finsterbergen	24.00	2:53:26	7:13	6	32:03	26	38:40	74.40	8:05:12	6:31	7	1:07:36	31	1:39:20
Fröttstädt	25.60	3:13:53	7:34	8	40:54	46	55:36	100.00	11:19:05	6:47	7	1:46:00	31	2:34:56